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Watering the Lawn

Today on Gardening in a Minute: watering the lawn.

Many Floridians overwater their lawns without knowing it. But overwatering can actually cause more damage to your lawn than a drought!

How frequently you should water your lawn depends on what kind of grass you have, the time of year, and environmental influences. But there's a good chance your lawn could stand to be watered less. Less frequent, deeper waterings lead to deeper roots, which make your grass more drought- and stress-tolerant.

Apply about one-half to three-quarters of an inch of water each time you irrigate your lawn. Water in the early morning, when it's cooler and there's less wind.

Don't water when rain is forecast for the next day or two. And wait to water until your grass starts wilting or appearing blue-gray in color.

For more information on lawn care, contact your county Extension office or visit Gardening in a Minute dot com.

Gardening in a Minute is a production of the University of Florida's Environmental Horticulture Department, IFAS Extension, and WUFT-FM.